

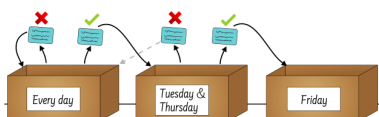


Inspiring our community to thrive

Year 11

Revision-Fest

2024



Welcome and What to Expect...

Thank you for joining us at Ibstock School Revision Festival. The event aims to provide key information about the year ahead; the upcoming Pre-Public Exams; how we will support students in school and how you can support your child at home.

After the initial talk, students and families are invited to visit our **revision stalls**, collecting Top Revision Technique cards for each subject. The cards will provide handy hints on what and how to revise for each subject.

Get involved in our 10 minute interactive sessions where staff model revision techniques.

There will be **opportunities to speak** to:

- Subject teachers regarding revision resources and techniques
- Ms Colledge, Pastoral Manager
- Mrs Roe, our new SENDCO
- Mr Mason, AHT Curriculum
- Miss Nelson, AHT Student Progress

This booklet contains...

Dates for your calendar (including final GCSE exam dates)

Learning at home and homework

How students can get started with revision

Information on the Pre-Public Exams scheduled for November

Revision Sessions in School

Year 11 Revision Base

Resilience and Wellbeing Support

Dates for your Calendar

Please note that selected key dates are provided below, but Non-Examination Assessment deadlines, practical examinations/assessments run throughout the year at different times in different subjects. For this reason, please do not take your child out of school during term time, as they may miss a valuable component of their final GCSE qualification.

Ibstock School Dates

4th –15th November	Year 11 Pre-Public Exams (session 1)
Late November	Year 11 Reports 1
5th December	Year 11 Progress Evening— appointments with subject teachers to discuss progress, and attitude to learn- ing, areas for development etc.
January 2025	Mid Jan Sixth Form Deadline End of Jan PS16 Deadline
3rd-14th February 2025	Year 11 Pre-Public Exams (session 2)
March 2025	Year 11 Reports 2

National Examination Dates

Subject	Exam Board	Exam Dates 2025
Business Studies	Edexcel	9th May PM, 16th May PM
Computer Science	OCR	12th May PM, 20th May PM
D&T	AQA	18th June AM
Drama	AQA	8th May AM
English Language English Literature	Eduqas	23rd May AM, 6th June AM 12th May AM, 20th May AM
Food & Nutrition	AQA	17th June PM
French	AQA	21st May AM (L & R), 5th June PM (W)
Geography	AQA	14th May AM, 6th June PM, 12th June AM
Health & Social Care BTEC Tech award	Pearson Edexcel	6th May AM

National Examination Dates Continued...

Subject	Exam Board	Exam Dates
History	OCR	16th May AM, 5th June AM, 10th June PM
Maths	AQA	15th May AM, 4th June AM, 11th June AM
Media Studies	Eduqas	14th May PM, 22nd May PM
Music	Eduqas	16th June PM
PE	OCR	19th May PM, 9th June PM
Science: •Biology •Chemistry •Physics	AQA	13th May PM, 9th June AM 19th May AM, 13th June AM 22nd May AM, 16th June AM
Sport Studies	OCR Cambridge National	14th May PM

Contingency dates: Wednesday 11th June PM and Wednesday 25th June AM & PM

Remember, remember the 4th of November!

Our first set of Year 11 Pre-Public Exams runs from the 4th—15th November. These internal exams are an important opportunity for students to:

- Practise revision
- Practise time-management and resilience
- Develop exam hall skills so they know what works for them
- Identify the subjects, topics and skills they are confident in
- Discover the areas for development that they can work on before the final examinations

There will be a further set of Pre-Public exams in February, focused mainly on the core subjects. Details of how to start revising and the topic of each PPE can be found in the following pages.

Learning @ Home

In Year 11, how well students learn and revise at home is just as important as their work in school.

Families can help by supporting them with their environment.

These tips come from My Tutor.

Further information is available on their website.

How to make your home a revision-friendly environment



KS4 Homework

For all students, but especially those in Y11, with GCSE examinations fast approaching, completing homework is a vital part of your school day when you get home. You should be getting a variety of tasks for your homework, so things like Seneca, Sparx Maths, exam practice questions and revision tasks will all help you achieve well at GCSE.

To support you all further, the school has used GCSE Pod for just over a year now. This is a website with 1000s of Pods on there that are directly linked to exam board specifications and will be a great help to you when you are revising – this can be independent, or it could be set by your teacher. Don't miss out on using GCSE Pod and make sure you have your login – Mr Mason will be sending information out about this very soon!

It is also useful for you to know how much additional work you should do at home for your subjects to support your revision. For each of your subjects, you should be doing an hour of work a week.

Getting Started with Revision

A key element of Year 11 success is revision. For many of us, it doesn't come naturally and we need practice. Students should revisit information regularly throughout the year to strengthen their memory. Here you'll find some initial ideas of how students can get started with revision...

Create a revision timetable

Creating a study programme *and sticking to it* is important so that all subjects are revised in time for the exams. BBC Bitesize has a page of advice: [Revision: Timetables and planning - BBC Bitesize](#)

WEEKLY REVISION PLANNER								
TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
8:30 AM - 9 PM	SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL	9 AM - 10 AM	BREAKFAST / SHOWER	BREAKFAST / SHOWER
9 PM - 10 PM	HOMEWORK	TV / GARDENING / SOCIAL MEDIA	HOMEWORK	TV / GARDENING / SOCIAL MEDIA	HOMEWORK	10 AM - 11 AM	REVISION - ENGLISH	REVISION - SCIENCE
10 PM - 11 PM	DINNER	DINNER	DINNER	DINNER	DINNER	11 AM - 1 PM	SEEKING FRIENDS / LUNCH	SPORT / LUNCH
11 PM - 12 PM	REVISION - BIOGRAPHY	HOMEWORK	REVISION - HISTORY	REVISION - FRENCH	REVISION - SCIENCE	1 PM - 3 PM	REVISION - MATHS	REVISION - FLASK CARDS
12 PM - 1 PM	REVISION - ENGLISH	REVISION - ENGLISH	FREE TIME	HOMEWORK	FREE TIME	3 PM - 5 PM	OUT WITH FAMILY	SPORT / TV / GAMING
1 PM - 2 PM	FREE TIME / SHOWER	FREE TIME / SHOWER	FREE TIME / SHOWER	FREE TIME / SHOWER	FREE TIME / SHOWER	5 PM - 8 PM	DINNER / FREE TIME	DINNER / FREE TIME

What could students base their revision on?

Students should use their books and notes from lessons as a revision resource, but may also benefit from:

- Websites recommended by teachers
- Subject-related online videos
- Revision guides
- Apps such as Sparx or Seneca

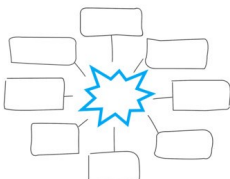
Active revision is key

Copying notes or reading over material is **not** active revision and often does not help us to learn. Active revision techniques like those found below, are more effective:



- Look, cover, write/say, check
- Flash cards

• Leitner system ([Leitner System for Flashcards - Bing video](#))



- Mindmaps
- Plan, answer and mark exam questions
- Parents/carers/friends testing on material
- Timed answers to exam questions
- Dual coding (drawing images as well as writing notes)

Pre-Public Examinations in November...

Below you will find information on the focus of each Pre-Public Examination in our November series. It should provide a starting point for student revision and help you to check that they are on the right track.

Exam	Exam Board	Paper(s)	Duration	Exam topics
Biology	AQA	Biology - Paper 1	1 hr 45 mins	Cell Biology; Organisation; Infection and response; Bioenergetics
Business	Pearson Edexcel	Paper 1 – Investigating small business	1 hr 30 mins	1.1 Entrepreneurs and entrepreneurship 1.2 Spotting a business opportunity 1.3 Putting a business idea into practice 1.4 Making the business effective 1.5 understanding external
Chemistry	AQA	Chemistry – Paper 1	1 hr 45 mins	Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes
Combined science	AQA	Biology - Paper 1 Chemistry – Paper 1 Physics – Paper 1	1 hr 15 mins each	Biology: Cell Biology; Organisation; Infection and response; and Bioenergetics Chemistry: Atomic structure and the periodic table; Bonding, structure, and the properties of matter; Quantitative chemistry; Chemical changes; and Energy changes Physics: Energy; Electricity; Particle model of matter; and Atomic structure

Pre-Public Examinations Continued...

Exam	Exam Board	Paper(s)	Duration	Exam topics
Computer Science	OCR	Component 1 – Computer systems, Component 2 – Algorithms & programming	1 hr 30 mins each (2 total)	Component 1 (1.1 Systems Architecture 1.2 Memory and storage 1.3 Computers networks, connections and
Drama	AQA	Drama Paper	1hr 15 mins	Section A: Stage Types, Positioning and Theatre Roles Section B: Blood Brothers
D&T - Graphics	AQA	Graphics Paper 1	1hour	Section A – Core Technical principles Section B – Designing and Making principles
D&T – Resistant Materials	AQA	Resistant Materials Paper 1	1hour	Section A – Core Technical principles Section B – Designing and Making principles
English Language	Eduqas	Component 1 Section A – Reading Section B - Writing	1 hr 45 mins	C1 Section A – Read a fiction extract and answer five questions about the extract. 1 hour. C1 Section B – Choose from four narrative writing titles and write a narrative. 45 minutes.
English Literature	Eduqas	Component 2 An Inspector Calls A Christmas Carol Unseen Poetry	1 hr 30 mins	An Inspector Calls – Write an essay about a given character or theme. 45 minutes. A Christmas Carol – Write an essay about a given character or theme. 45 minutes.

Exam	Exam Board	Paper(s)	Duration	Exam topics
French	AQA	Papers 1 –4 Foundation/ higher tier	See right for different pa-pers	Paper 1 Listening F – 35 mins H – 45 mins (conducted in class) Paper 2 Speaking (conducted individually at given times) Paper 3 Reading F – 45 mins H – 60 mins Paper 4 Writing F – 60 mins H – 75 mins
Geography	AQA	Paper 1: Living with the Physical Environment	1 hr 30 mins	Part A: The Challenge of Natural Hazards (Tectonic Hazards, Weather Hazards, Climate Change) Part B: The Living World (Ecosystems, Rainforests, Hot Deserts) Part C: Physical Land-scapes in the UK (Rivers, Glaciation)
		Paper 2 and 3 Combined: Field-work and Chal-lenges in the Hu-man Environment	1 hour	Part B, Paper 3: Fieldwork Part C, Paper 2: The Chal-lenge of Resource Man-agement (Water)
History	OCR	Paper 1	1 hour 45 mins	Crime & Punishment and The Elizabethans
		Paper 2	1 hour	History Around Us: Kenilworth

Exam	Exam Board	Paper(s)	Duration	Exam topics
Maths	AQA	Paper 1 calculator allowed Paper 2 Calculator allowed.	1 hr 30 mins each	All content from AQA 8300 specification
Music	Eduqas	Listening	1 hr 15 mins	Areas of Study and Set Works
Media Studies	Eduqas	Component 1: Exploring the Media	1 hr 30 mins	<p>Section A: Exploring Media Language and Representation</p> <p>You'll be given two of the following print media forms: magazines, marketing (film posters), or print advertisements.</p> <p>There are two questions in this section:</p> <ul style="list-style-type: none">• one question assessing media language in relation to one set product• one two-part question assessing representation in relation to one set product and one unseen resource in the same media form. <p>Section B: Exploring Media Industries and Audiences</p> <p>This section assesses two of the following media forms: film, radio, or video games. It includes:</p> <ul style="list-style-type: none">• one stepped question on media industries• one stepped question on audiences.

Exam	Exam Board	Paper(s)	Duration	Exam topics
PE	OCR	Paper 1 – Factors affecting physical performance.	1 hour	Structure and function of the skeletal system.
			1 hour	Structure and function of the muscular system. Movement analysis Structure and function of the cardio respiratory system
		Paper 2 – Socio-cultural issues and sports psychology		Components of fitness Principles of training Types of injury Commercialisation Engagement patterns of different social groups Ethical issues Sports psychology Health, fitness and well being
Physics	AQA	Physics – Paper 1	1 hr 45 mins	Energy; Electricity; Particle model of matter; and Atomic structure
Health and Social Care	Pearson Edexcel	Component 3 exam	2 hours	Factors that affect health and wellbeing Interpreting health indicators Person-centred approach to improving health and wellbeing

Where subjects are not shown to have a Pre-Public Examination above, it is either that they will complete exam practice outside of this two week window, or that they are currently concentrating on Non-Examination Assessments and will sit PPEs in the February Series.

Revision Support in School...

As we progress through the year, there will be various opportunities for revision support in school. In preparation for the Pre-Public Exams (and to support ongoing course work) the following sessions are on offer:

Monday	Tuesday	Wednesday
Maths Date starting: 07/10/24 Time: 3.10-4.00 Venue: Maths Faculty	English Literature Date starting: 01/10/24 Time: 3.10-4.00 Venue: En4	Science Date starting: 09/10/24 Time: 3.10-4.00 Venue: Science Faculty
Graphics and Resistant Materials Time: 3-4.00 Venue: DT Faculty NEA and exam focused sessions	English Literature Masterclass (grade 6+) Date starting: 01/10/24 Time: 3.10-4.00 Venue: En2	Science Masterclasses (grade 6+) Date starting: 09/10/24 Time: 3.10-4.00 Venue: Science Faculty
GCSE PE / CNAT Sports Studies 3-4pm. Teachers will be putting together a structured topic-based GCSE timetable and invite students who need support in that topic area.	Music - Composition Support Date starting: Now Time: Lunch Venue: Music	Geography Date starting: 02/10/24 Time: 3.10-4.00 Venue: HU4
	Drama – General drop in session All aspects of the course Date starting: 29 th October Time: Lunch Venue: Stage	Media Studies Date starting: 18/09/24 Time: 13.25-14.00 and 15.10-16.00 Venue: En3
Music – Performance support Date starting: Now Time: Lunch		French (speaking practice) Date starting: 02/10/24 Time: 15.00-15.45 Venue: Mob 2

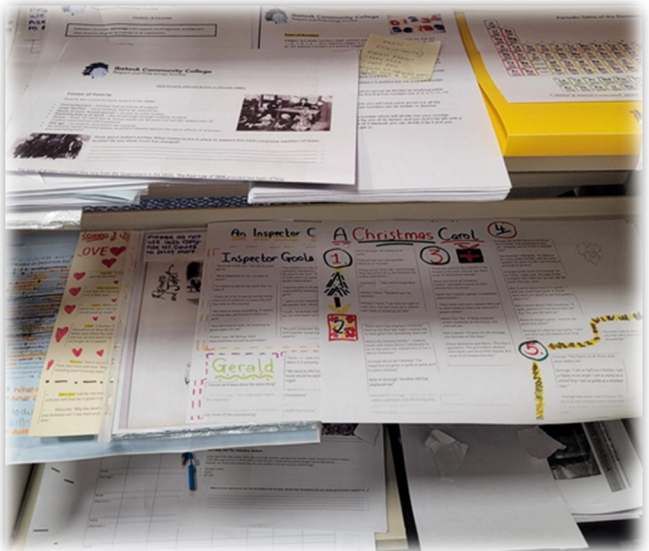


Year 11 Revision Base



The library is a great place for students to revise before they go home. There is a dedicated GCSE section, with revision materials, computers and past papers to use. Our librarian, Ms Davies is on hand to offer advice on revision techniques and exam approaches.

Tuesdays
and
Thursdays
3p.m.—
4p.m.



Resilience and Wellbeing Support...

In all schools, Year 11 is a time when the resilience of students is tested and most students feel pressure or have worries at some point. The important thing is to recognise when this is happening and for them to seek support if needed.

Who is available to support?

- Your child's form tutor
- Subject teachers/members of staff that they trust
- Ms Colledge, pastoral manager
- Miss Nelson, AHT for Student Progress
- The Mental Health and Wellbeing Team, lead by Ms Clements

Managing Exams Stress—a note from Ms Clements

At Ibstock School, we recognise how important it is to look after ourselves mentally as well as physically. Exams can trigger anxiety in lots of students who might not have struggled with mental health issues previously. We have various sources of support; students' needs are discussed on an individual basis and the best support is put in place. This could be sessions with Ms Webster, our well-being mentor, or referrals to outside agencies who come into school to work with students either in small groups or 1-1.

We have assemblies taking place about dealing with exam stress through the NHS Mental Health Support Team, as well as more focused activities on preparing for exams and dealing with stress in late spring.

When the GCSE exams take place in May and June, there will be opportunities for students to join a smaller group for a coach and calm session before each exam starts; this will help to prepare them for the exam in a smaller group, and to go down to the exams' hall before the main cohort. This proved highly successful last year.



10 Top Tips for Parents and Educators MANAGING EXAM STRESS

At some point in their education, children are almost certain to encounter exam stress, which can cast a shadow over their mental, emotional and physical wellbeing. Mental health charity YoungMinds estimate that a staggering 87% of pupils suffer from exam stress – highlighting the urgent need to minimise its impact on children's health and happiness.

1 PRACTISE WORKLOAD WISDOM

The build-up to exam season is such a busy and pressured time in a child's education that it can be difficult for youngsters to avoid feeling overwhelmed. Encourage them to consider whether their current workload is realistic and adjust it where necessary. Use to-do lists and calendars. Work with them to create a realistic timetable that includes breaks and occasional days off.

2 ADVISE CLEARING THE CLUTTER

A cluttered desk environment is proven to negatively affect our ability to focus, as well as our emotional state. Encourage children to keep their desks, notes and revision materials tidy – creating a dedicated, well-lit study space to promote maximum focus. Foster their creativity by suggesting they incorporate vibrant colours, mind maps and even quirky drawings into their revision notes.

3 MASTER THE MATERIALS TOGETHER

Revision seems far harder when a child is alone, where to begin or what sources to consult. Support them in confirming revision materials with their worrisome teachers – emphasising the importance of gathering a range of resources to get to the bottom of comprehensive understanding of the subject. Having more resources should ensure the child's confidence and help to dispel some of their anxiety.

4 RECOMMEND CREATIVE NOTE-TAKING

Writing out notes in full – rather than simple bullet pointing – can be a strong start to a child's revision. Reinforce this also, encouraging the use of flashcards (creating shorter versions of previously taken notes) for effective repetition and memorisation. Discuss the power of regularly reviewing notes to help them stay in the child's memory.

5 USE VISUAL AIDS AND MNEMONICS

Encourage the use of doodle-like videos and sticky notes to enhance learning. Some children find these resources far more useful than simply reading their notes as written. Explore creating mnemonics for a fun and effective study approach – and it's also worth noting that the strategic use of colours is a proven means of triggering recall during exams.

6 GATHER A 'TECH TOOLKIT'

Test anxiety can be a huge advantage if exam prep. Educational YouTube channels and revision websites like BBC Bitesize can be increasingly powerful resources for helping children to expand and retain their knowledge. You could also encourage the use of business cards and educational podcasts for revision and reminders when young people are on the go.

7 KEEP IT FUN

Revision tends to go far more smoothly if children are having fun in the process. Injecting some humour into their notes, for instance, can make them more memorable – as can relating information to their real-life experiences. Try to encourage a variety of study methods, such as incorporating physical activity (even simply taking a walk) into their revision routine.

8 SUGGEST ACTIVE REVISION STRATEGIES

Make sure children are aware of different study techniques. You could emphasise the effectiveness of spaced repetition by reviewing material regularly over time to reinforce learning and improve retention. Discuss the benefits of active recall methods – such as self-testing or explaining a concept aloud – in identifying where their strengths and weaknesses lie.

9 ENCOURAGE A POSITIVE MINDSET

It can be easy for children's thoughts to fall into a downward spiral when they're stressed about exams. Try to foster a growth mindset by emphasising the importance of giving their best rather than aiming for complete perfection. Positive self-talk and the use of affirmations can build confidence and reduce anxiety, while visualising success and setting realistic goals can help them stay motivated and focused.

10 HELP THEM TO SEIZE THE DAY

There are lots of things children can do on the day of their exam to reduce stress and increase their focus. Talk them through some helpful exam-day strategies – such as arriving early, reading the instructions and the questions carefully, and posing themselves during the test. Suggest some relaxation techniques, such as deep breathing or visualisation, to help them manage any nerves before and during the exam.

Meet Our Expert

Minds Ahead designs and delivers the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK 'You to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at Penistone Grammar School.



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