

Spring Bank Half Term 2025



From
Friday 23/5/25 (evening)
to Sunday 1/6/25 inclusive




Ibstock Leisure Complex
Ibstock School
Central Avenue
Ibstock
LE67 6NE

Telephone 01530 265836
Email leisure@ibstockschool.co.uk
Visit www.nwleics.gov.uk/ibstockcc
Facebook Ibstock Leisure Complex
WhatsApp Ibstock Leisure Complex

Swimming Pool Timetable

from Friday 23/5/25 (evening) to Sunday 1/6/25

	Monday 26/5/25	Tuesday 27/5/25	Wednesday 28/5/25	Thursday 29/5/25	Friday 30/5/25	Saturday 24/5/25 & 31/5/25	Sunday 25/5/25 & 1/6/25	
7.00am	<div>Bank Holiday</div> <div>Closed</div>					<div>Coalville Swim Club 7.15-9.15am</div>		
15								
30								
45								
8.00am								
15								
30								
45								
9.00am			<div>1:1 Intensive Swimming Lessons</div> <div>3 day course</div>	<div>1:1 Intensive Swimming Lessons</div> <div>3 day course</div>	<div>1:1 Intensive Swimming Lessons</div> <div>3 day course</div>	<div>Aqua Fitness 9.00-9.45am</div>	<div>Learn to Swim Scheme 9.15am-1.30pm</div>	<div>Learn to Swim Scheme 9.00-11.00am</div>
15								
30								
45								
10.00am								
15								
30								
45								
11.00am			<div>Fun Float Swim 11.00am - 12.00pm</div>		<div>General Swim 11.00am - 12.00pm</div>	<div>Fun Float Swim 11.00am - 12.00pm</div>	<div>Learn to Swim Scheme 9.15am-1.30pm</div> <div></div>	<div>Fun Float Swim 11.00-12.00pm (25/5 & 1/6)</div>
15								
30								
45								
12.00pm		<div>General Swim 12.00-1.00pm</div>	<div>General Swim 12.00-1.00pm</div>				<div>General Swim with 2 lanes 12.00-1.30pm</div>	
15								
30								
45								
1.00pm								
15								
30								
45								
2.00pm		<div>NPLQ Course water element</div>	<div>NPLQ Course water element</div>	<div>NPLQ Course water element</div>	<div>NPLQ Course water element</div>		<div>NPLQ Course Water element & exams</div>	
15								
30						<div>Miracles to Believe In and Leics Autism Society private hire for family swim sessions</div>		
45								
3.00pm		<div>Go to https://www.first-aid-midlands.co.uk/course-dates for further information and to book onto the NPLQ Course</div>						
15								
30								
45								
4.00pm		<div>Learn to Swim Scheme 3.45-6.15pm</div>	<div>Learn to Swim Scheme 3.45-6.15pm</div>	<div>Learn to Swim Scheme 3.45-6.15pm</div>	<div>Learn to Swim Scheme 3.45-6.15pm includes Rookies 5.45-6.15pm</div>	<div>NPLQ Course water element</div>		
15								
30								
45								
5.00pm								
15								
30								
45								
6.00pm								
15		<div>Aqua Fitness Class 6.15-7.00pm</div>		<div>Lane Swim 6.15-7.15pm</div>		<div></div>		
30								
45								
7.00pm		<div>General Swim with 2 lanes 7.00-8.00pm</div>	<div>Coalville Swim Club 6.30-9.30pm</div> <div></div>	<div>Deep Water Aqua Jog 7.25-8.00pm</div>	<div>Fun Float Swim 6.30-7.30pm (23rd & 30th May)</div>			
15								
30								
45								
8.00pm		<div>Coalville Triathlon Club 8.00-9.00pm</div>			<div>General Swim 8.00-9.00pm</div>			
15								
30								
45								
9.00pm								
15								
30								
45								
10.00pm								

Swimming Pool Timetable

From W/C Monday 2nd June 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7.00am						Coalville Swim Club 7.15-9.15am	
15							
30							
45							
8.00am							
15	General Swim 9.30-10.30am	Curriculum Swimming	General Swim 9.30-10.30am	Adult Swimming Lessons Starting soon...	Aqua Fitness 9.00-9.45am	Learn to Swim Scheme 9.15am-1.30pm	Learn to Swim Scheme 9.00-11.00am
30							
45							
10.00am							
15							
30					Curriculum Swimming	Learn to Swim Scheme 9.15am-1.30pm	Fun Float Swim 11.00-12.00pm
45							
11.00am							
15							
30							
45		NEW Pre-school LTS 0-3 yrs	Aqua Fitness 11.15-12.00pm	General Swim 11.30-12.30pm		Learn to Swim Scheme 9.15am-1.30pm	General Swim with 2 lanes 12.00-1.30pm
30							
45							
12.00pm							
15		General Swim 12.00-1.00pm					
30							
45							
1.00pm							
15	Curriculum Swimming				Curriculum Swimming	Curriculum Swimming	
30							
45							
2.00pm							
15							
30							
45							
3.00pm							
15							
30							
45							
4.00pm							
15		Learn to Swim Scheme 3.45-6.15pm	Learn to Swim Scheme 3.45-6.15pm	Learn to Swim Scheme 3.45-6.15pm			
30							
45							
5.00pm							
15	LTS Rookies 6.15-6.45pm				Aqua Fitness Class 6.15-7.00pm		Lane Swim 6.15-7.15pm
30							
45							
7.00pm							
15		NEW 1:1 Private Swimming Lessons Short-term only	General Swim with 2 lanes 7.00-8.00pm	Coalville Swim Club 6.30-9.30pm			
30							
45							
8.00pm							
15					Coalville Triathlon Club 8.00-9.00pm		General Swim 8.00-9.00pm
30							
45							
9.00pm							
15							
30							
45							
10.00pm							
15							
30							
45							
10.00pm							

Spring Bank Half-Term 1:1 Swimming Lessons

During the Spring Bank May Half-Term, we are running our most popular 1:1 intensive booster swimming lessons

These are tailored to meet the individual needs of the swimmer and are available to children aged 3 years and above of any swimming ability. At the time of booking, let us know what you need the lessons to focus on

The teacher will be in the water with the beginner Stages 1 & 2



Prices...

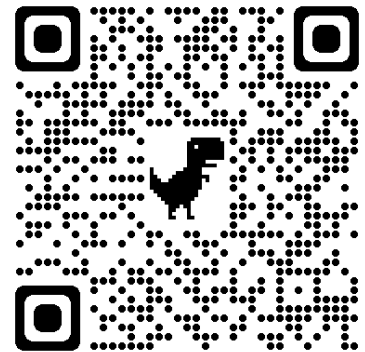
Our 3 day courses are
£47.25



Days, Dates & Times...

**Tuesday 27th, Wednesday 28th
and Thursday 29th May 2025**

Lessons run for 30 mins each day
starting at 9.00am, 9.30am,
10.00am and 10.30am



**These courses are now live and available to book on
SchoolHire activities searching for;**

Activity - Holiday Crash Courses / **Location** - Ibstock Leisure Complex
Visit <https://ibstock.schoolactivity.co.uk> or scan the QR code above

Learn to Swim Scheme

We teach to the Swim England
Learn to Swim Framework
Stages 1 – 10
‘the leading national teaching
syllabus for delivering safe,
inclusive and effective swimming
lessons for all ages’.

This framework is also followed during the
Primary School curriculum swimming lessons
for continuity

Prices...

Block 2 - from £58.00 for the
13 week block of ½ hr lessons.

Start your swim journey with us in our
Parent & Infant sessions, pre-school
Stage 1 classes or join our LTS
programme at a swim Stage relevant to
you i.e. if transferring from another site.
Wherever possible, the beginner stages
have the teacher and an assistant in the
water with the class.

See our Pre-School Learn to Swim page overleaf
When the classes are full we operate
a waiting list.

Classes run every day...

Monday to Friday
3.45-6.15pm
Saturday
9.15am-1.30pm
Sunday
9.00-11.00am



These sessions are now live and available to book on
SchoolHire activities searching for;

Activity – Swimming Lessons / Location - Ibstock Leisure Complex

Visit <https://ibstock.schoolactivity.co.uk>

NEW Pre-School Learn to Swim

These lessons are Swim Teacher led and are linked to the early years foundation stage for child development. They will follow the Swim England pre-school framework which promotes early water confidence and basic motor skills.

The 0-3 years class has the adult caregiver in the water with the child and works through the Discovery Ducklings Award Scheme.

The 3-4 years class works through the Swim England Duckling & I can... awards and prepares the swimmer for our LTS Lessons. The adult caregiver is not in the water during these lessons.

Book at your convenience on SchoolHire or contact reception by telephone or email.
Places are limited...

Day, Date, Time...

Easter to Summer Course (6 weeks)

0 – 3 years

Tuesday 10.45 – 11.15am

3 – 4 years

Tuesday 11.15 – 11.45am

Prices...

Course Price

£34.80

Swim Nappy

80p



Some benefits of infant swim time...

- improves cognitive functioning
- reduces the risk of drowning
- boosts confidence
- gives unique quality bonding time
- develops healthy muscles
- increases strength
- improves cardiovascular function
- improves co-ordination and balance
- improves sleep and appetite
- promotes food digestion and boosts the immune system

These sessions are now live and available to book on

SchoolHire activities searching for;

Activity – Swimming Lessons – Pre-school Course

Location - Ibstock Leisure Complex

Visit <https://ibstock.schoolactivity.co.uk>

Enjoy Water **Safely**



**RLSS UK
LIFEGUARD**

RLSS UK National Pool Lifeguard Qualification

May Tuesday 27 May - Sunday 1 June @ Ibstock

July Monday 28 July - Saturday 2 August @ Ibstock

August Friday 15 - Wednesday 22 @ Ashby

October Monday 20 - Saturday 25 @ Ashby

November Weekends of the 8, 9, 15, 16, 22, 23 @ Ibstock

Interested?

To book your place email futuretraining@live.co.uk

or visit first-aid-midlands.co.uk

Fun Float Swim Sessions

A fun float session that includes;

...Giant Floats... Rafts...
River Riders... Body Boards
...Woggles... Stepping Stones...

This play session is great for boosting water confidence in non or weak swimmers and younger children **OR** an aquatic energy burner for older children and young people who are competent swimmers

Children under 8 years old and non or weak swimmers must be accompanied in the water at all times by a responsible adult aged 16 years or above

Day, Date, Time...

Friday 23/5/25	6.30pm – 7.30pm
Sunday 25/5/25	11.00am – 12.00pm
Tuesday 27/5/25	11.00am – 12.00pm
Friday 30/5/25	11.00am – 12.00pm
Friday 30/5/25	6.30pm – 7.30pm
Sunday 1/6/25	11.00am – 12.00pm

Prices...

Adult	Blue Light	
£4.60	£3.40	
Junior	ClubActiv8	Under 5's
£3.40	£2.55	Free

These sessions are also included in a Swim Membership OR a Swim & Gym Membership



Adults are welcome to accompany their children in the water or watch from the spectator area.

Unaccompanied swimmers must be;

- 8 years old or above
- Able to swim 25m unaided
- Confident in deep water
- Comfortable submerging underwater

These sessions are now live and available to book on

SchoolHire activities searching for;

Activity – Family Fun Swimming / Location - Ibstock Leisure Complex

Visit <https://ibstock.schoolactivity.co.uk>

General Swim Sessions & Lane Swimming

The **General Swim Sessions** are open to all ages and abilities.

Lane swimming is also open to swimmers aged 8 years and above, or, in our LTS Stage 6 who can swim the length of the pool continuously.

Children under 8 years old and non or weak swimmers must be accompanied in the water at all times by a responsible adult aged 16 years or above



Day, Date, Time...

General Swim + 2 lanes – Sun 25/5/25	12.00-1.30pm
General Swim – Tuesday 27/5/25	12.00-1.00pm
General Swim + 2 lanes – Tues 27 th	7.00-8.00pm
General Swim – Wednesday 28/5/25	12.00-1.00pm
General Swim – Thursday 29/5/25	11.00am-12.00pm
Lane Swim – Thursday 29/5/25	6.15-7.15pm
General Swim – Thursday 29/5/25	8.00-9.00pm
General Swim + 2 lanes – Sun 1/6/25	12.00-1.30pm

Prices

	Blue Light / Let's Get Moving	
Adult	£4.60	
Junior	£3.40	ClubActiv8
		U5's
		Free

These sessions are also included in a Swim OR Gym & Swim Membership

**These sessions are now live and available to book on
SchoolHire activities searching for;**

Activity – Casual Swim or Lane Swimming / **Location** - Ibstock Leisure Complex

Visit <https://ibstock.schoolactivity.co.uk>

Aqua Exercise Classes

Deep Water Aqua Jog & Aqua Fitness Class



Deep Water Aqua Jog offers you the benefits of running / jogging but with low impact.

It's friendly on your joints (ankles, knees, hips) which makes it perfect for those needing to protect their joints or for runners or other sports athletes recovering from an injury.

These sessions are instructor led, are in deep water and wearing a flotation belt (provided) or you can bring your own.

Prices...

Adult £5.30 / Blue Light £4.00
Let's Get Moving £4.00 (was Exercise Ref)
Junior £4.00 / ClubActiv8 £3.00

Day, Date, Time...

Tue 27/5/25 - Aqua Fitness Class	6.15 - 7.00pm
Wed 28/5/25 - Aqua Fitness Class	11.15 - 12.00pm
Thu 29/5/25 - Deep Water Jog	7.25 - 8.00pm
Fri 30/5/25 - Aqua Fitness Class	9.00 - 9.45am

The Aqua Fitness Classes are also instructor led and offer the following benefits;

- Water is dense so you work harder and burn more calories
- The pressure of the water helps your heart pump blood round your body
- Is joint friendly
- Is adaptable so you can work at your own pace

These sessions are now live and available to book on
SchoolHire activities searching for;

Activity – Aqua Fitness and SwimFit Classes / Location - Ibstock Leisure Complex

Visit <https://ibstock.schoolactivity.co.uk>

Memberships 2025

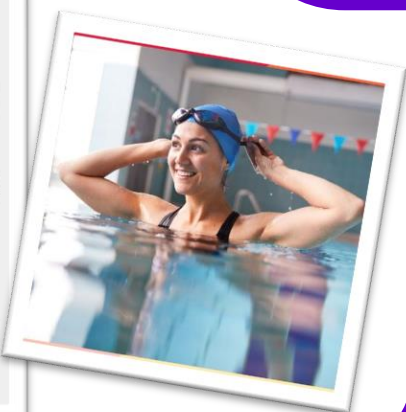
The **Gym Membership** is for The Gym@Ibstock powered by MATRIX and gives unlimited use during our opening hours, 7 days a week...

The **Swim Membership** is for;

- ✓ General Swim
- ✓ Lane Swim
- ✓ Fun Float Sessions
- ✓ Unlimited use during the purchased calendar month

See out latest swimming pool timetable for session details

The Memberships are for the purchaser only and are not transferable



Take advantage of our Memberships
for the Gym OR Swim
or Gym & Swim combined...

Prices shown are single / combined

Adult £25.15 / £32.45

Blue Light £18.85 / £24.35

NEW – Let's Get Moving £18.85 / £24.35

Junior £18.85 / £24.35

ClubActiv 8 £14.15 / £18.25

Do more for less...

Memberships are valid for
the calendar month, from
the first day to the last day...

There's no reduction if you buy part
way through the month, but it might
still be worth it to you...

Ibstock Leisure Complex, Ibstock School, Central Avenue, Ibstock, LE67 6NE

Telephone 01530 265836

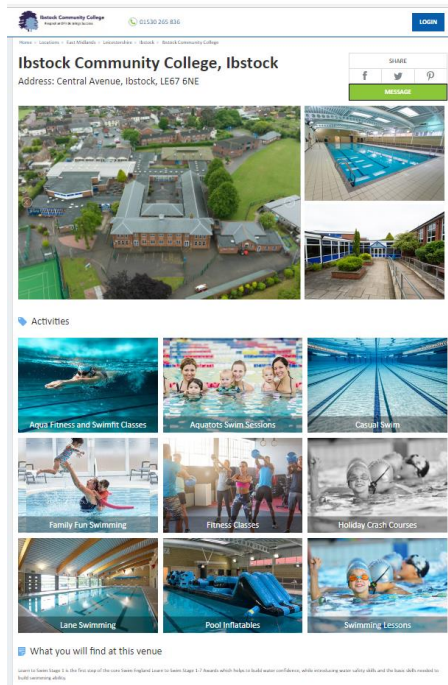
Email leisure@ibstockschool.co.uk

Visit www.nwleics.gov.uk/ibstockcc

Find us on Facebook Ibstock Leisure Complex

School Hire Help Page...

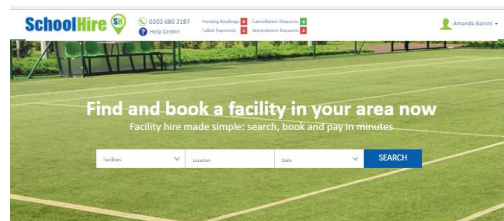
To book activities such as 1:1 Swimming Lessons, Parent and Infant Swim, Aqua Fitness Class, Fun Float Sessions etc use this site



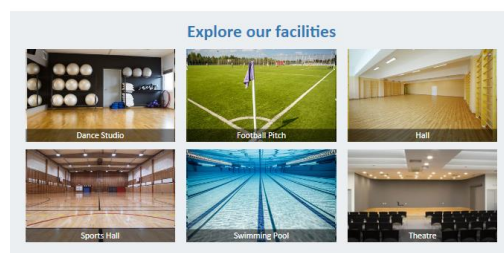
Sessions can be booked and paid for online following the steps below:-

1. Click on the following link - <https://ibstock.schoolactivity.co.uk>
2. Select from the activity tabs.
3. Choose the session and date add the attendees name and date of birth then click 'add activity to basket'.
4. If you have more than one attendee, you can add another activity and repeat Step 3. Once complete, click proceed to payment
5. If you are a new customer, you will be asked to create an account to log in. Existing customers, please use your current log in.
6. Please answer the questions on the next screen in full for all attendees.
7. Proceed to payment and follow the on-screen instructions.
8. You will receive a confirmation email from School Hire, which details your day and time of sessions and gives you further information on our scheme. Your sessions are then booked and confirmed

<https://schoolhire.co.uk/ibstock/ibstock-community-college>



SchoolHire makes booking simple



There are 2 School Hire sites, one for activities (as shown above) and one for facilities. Use the facilities site (this one) for booking the sports hall for badminton or dance practice or the floodlit court for football etc.

To book facilities for badminton, dance practice, football etc use this site