# **Swimming Pool Programme**





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### From Monday 2<sup>nd</sup> September 2024





Ibstock Leisure Complex Ibstock Community College Central Avenue Ibstock LE67 6NE

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# **Swimming Pool Timetable**

## From Monday 2<sup>nd</sup> September 2024

Г	Monday	Tuesday	Wednesday	Thursday	Eridov	Coturdov	Sunday
7.00am	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
15							
30							
45 <b>8.00am</b>						Coalville	
15						<b>Swim Club</b> 7.15-9.15am	
30						7.13-9.13411	
45							
<b>9.00am</b> 15					Aqua Fitness Class		
30	General Swim				9.00-9.45am		Learn to Swim
45	9.15-10.15am						Scheme
<b>10.00am</b> 15			General Swim	Curriculm Swimming			9.00-11.00am
30			10.00-11.00am	J J	General Swim		
45		Parent & Infant			10.15-11.15am		
<b>11.00am</b> 15	Deep Water Aqua Jog Class	Swim Class 10.45-11.25am		Parent & Infant Swim Class		Learn to Swim Scheme	Fun Float Swim
30	11.00-11.45am		Aqua Fitness Class 11.15am-12.00pm	11-11.40am		9.15am-1.30pm	11.00-12.00pm
45		General Swim	11.15am-12.00pm				
12.00pm		11.30-12.30pm		General Swim 11.45-12.45pm			
15 30				11.45-12.45pm			General Swim
45							with 2 lanes 12.00-1.30pm
1.00pm							
15 30							
45							
2.00pm							
15 30							
45							
3.00pm							
15							
30 45							
4.00pm							
15							
30	Learn to Swim	Learn to Swim	Learn to Swim	Learn to Swim	Learn to Swim		
45 <b>5.00pm</b>	Scheme	Scheme	Scheme	Scheme	Scheme		
15	3.45-6.15pm	3.45-6.15pm	3.45-6.15pm	3.45-6.15pm	3.45-6.15pm includes <b>Rookies</b>		
30					5.45-6.15pm		
45 <b>6.00pm</b>							
6.00pm 15	LTS Rookies						
30	6.15-6.45pm	Aqua Fitness Class 6.15-7.00pm		Lane Swim			
45				6.15-7.15pm	Fun Float Swim 6.30-7.30pm		
<b>7.00pm</b> 15	National Lifesaving Academy Courses	General Swim		Deep Water	0.30-7.30pm		
30	start Oct 24	with 2 lanes 7.00-8.00pm	Coalville	Aqua Jog			
45			Swim Club	7.25-8.00pm			
<b>8.00pm</b> 15	General Swim	Coalville Triathlon	6.30-9.30pm	General Swim			
30	8.00-9.00pm (until Oct 24)	<b>Club</b> 8.00-9.00pm		8.00-9.00pm			
45	(until Oct 24)	0.00 0.00000					
<b>9.00pm</b> 15							
30							
45							
10.00pm							

Memberships	Adult	Blue Light Card Staff (LiFE/Leics) Let's Get Moving	Junior	Club Activ8 (Jnr)
Membership - Gym (per calendar month)	£25.15	£18.85	£18.85	£14.15
Membership - Swim (per calendar month)	£25.15	£18.85	£18.85	£14.15
Membership - Gym & Swim (per calendar month)	£32.45	£24.35	£24.35	£18.25

Swimming Pool	Adult	Blue Light Card Staff (LiFE/Leics) Let's Get Moving	Junior	Club Activ8 (Jnr)
Casual / General Swimming (Included in a Membership)	£4.60	£3.40	£3.40	£2.55
Lane Swimming (Included in a Membership)	£4.60	£3.40	£3.40	£2.55
Fun Float Swim Session (Included in a Membership)	£4.60	£3.40	£3.40	£2.55
Parent & Infant Class Parent / Care Giver and U4 year infant	£4.65	£3.50		
Learn to Swim / Rookies (30 min lessons x 11, 12 or 13 week Course)			From £63.80	
<b>Learn to Swim - Stage 8/9/10</b> (45 min lessons x 11, 12 or 13 week Course)			From £78.10	
National Lifesaving Academy (90 min lessons x 20 week Course)			From £186.00	
<b>1:1 Intensive Course</b> (30 min lessons x 3 day - School Holidays)			£47.25	
Club Hire (Includes 1 x Lifeguard)	£63.00		£63.00	
School Curriculum Lessons (Includes 1 x L2 Swimming Teacher)			£63.00	

Fitness Classes	Adult	Blue Light Card Staff LGM	Junior	Club Activ8 (Jnr)
Aqua Fitness Class	£5.30	£4.00	£4.00	£3.00
Deep Water Aqua Jog	£5.30	£4.00	£4.00	£3.00

Juniors are welcome and must be accompanied by a participating adult

These prices are effective from 1/9/24 until 31/8/25

Adult	Blue Light Card Staff (LiFE/Leics) Let's Get Moving	Junior	Club Activ8 (Jnr)
Free	Free	Free	Free
£4.60	£3.40	£3.40	£2.55
		£3.40	
£25.15	£18.85	£18.85	£14.15
£32.45	£24.35	£24.35	£18.25
	Free £4.60 £25.15	AdultStaff (LiFE/Leics) Let's Get MovingFreeFree£4.60£3.40£25.15£18.85	AdultStaff (LiFE/Leics) Let's Get MovingJuniorFreeFreeFree£4.60£3.40£3.40£3.40£3.40£3.40£25.15£18.85£18.85

Sports Courts	Adult	Blue Light Card Staff (LiFE/Leics) Let's Get Moving	Junior	Club Activ8 (Jnr)
<b>Sports Hall - Whole Hall</b> Basketball, Netball, Football, Cricket Nets etc	£32.55	£32.55	£32.55	£32.55
Sports Hall - 1/2 Hall	£16.30	£16.30	£16.30	£16.30
<b>Sports Hall - Court</b> Badminton, Martial Arts, Dance Practice etc	£11.00	£5.80	£5.80	£4.35
Floodlit Court Football, Netball, Hockey, Walking Sports	£28.85	£28.85	£28.85	£28.85

#### Room Hire - Leisure Complex & Main School

Main Hall with stage / without stage	£46.20 / £36.60	Community Rate - £25.40 criteria applies
Stage only Dance/Drama Studio with mirrors	£21.00	Sound proof room with mirrors
Meet Room / Classroom	£11.25	Day Rate £45.00 for more than 4 hours
Staffroom with kitchen	£15.75	Day Rate £63.00 for more than 4 hours

Additional staffing costs may apply for some events / bookings

#### These prices are effective from 1/9/24 until 31/8/25