

# DOMESTIC ABUSE

## SUPPORT SERVICES

 **0808 80 200 28**

This helpline number is the main route to **all domestic and sexual violence services**, provided by **Freeva** (free from violence and abuse). This number is free to call and hidden from bills.

### FOR MORE INFORMATION...

 **info@freeva.org.uk**

 **Text support: 07715 994 962**

 **www.freeva.org.uk**



### Jenkins Centre

Integrated domestic abuse service to help adults and young people aged 10+ to stop using abusive behaviour in their relationships.


    
**www.jenkins  
centre.org**

### Living Without Abuse (LWA)

A charity that provides support and help to anyone suffering from domestic abuse or sexual violence.

 **01509 550317**

    
**lwa.org.uk**

More helpful websites  
continued on next page. 

## *Respect*

Online advice and support for those wanting to stop abusive behaviours in their relationships, including young people.

Also offering specialist support for male victims of abuse.

[www.respect.uk.net](http://www.respect.uk.net)



## *Mankind Initiative*

Support for male victims of domestic abuse.



**01823 334 244**



**[www.mankind.org.uk](http://www.mankind.org.uk)**



## *Panahghar*

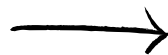
Dedicated BME multi-lingual support for victims and their families of domestic abuse or gendered abuse.



**0808 80 200 28**



**[www.safehouse.org.uk](http://www.safehouse.org.uk)**



SCAN ME

relate

Leicester, Leicestershire  
& Rutland

